

SHEELA

Q & A with Alma



1. What was the inspiration for the film?

- Femininity: the topic has been on her mind for some years now.
- Not only femininity, but the rejection of it as well.
- Gender studies and the binary system.
- Trigger for the film: Sheela na gig figures, “Sheela-na-gig”, a song by PJ Harvey.
- She didn’t know what that was – stone figures with big vulvas, from the Middle Ages.

2. What does mixing different formats enable you to do?

- Different techniques for different storylines.
- More possibilities to evoke emotions in the audience.

3. How did working on this film affect you?

- She had a lot of fun.
- First time working with a crew, not alone. Learned a lot.
- Dealing with the topic made her stronger, even though it was tiring at times, because she had to deal with misogyny and sexism all the time.