

BECKY'S WEIGHTLOSS PALACE

Q & A with Bela



1. *What was planned, what was improvised?*

- A friend of mine struggles with anorexia, so I did research on that topic.
- I only came across documentaries with a hopeless approach towards the issue, featuring young, super skinny and sad girls.
- I was angry at these kinds of horror stories. In my opinion, one should take the illness seriously, but should also try to loosen up a bit and create a more reasonable approach towards it.
- Every time I have a topic on my mind, I try to convert it into art. I came home one day after school and did research on anorexia and anorexia networks. Then I just simply grabbed my camera and two headlights and started filming immediately, in order to capture my emotions.
- To me, it's important to be able to laugh about serious topics — as long as one doesn't make fun of them.

2. *How are you and your parents working together?*

- My parents are always very helpful, but also critical and honest with me.