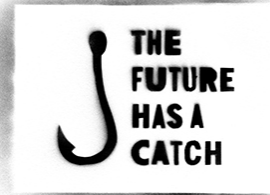


TANZ MIT DER ANGST | DANCING WITH FEAR



Q & A with Anna Leah and Nadine

1. *Are anxieties common?*

Anna Leah answers:

- Yes, I think so. At least I've never met someone who isn't afraid of anything.
- People are afraid of different things – even though if two share the same anxiety, the appearances differ.
- There is rational and irrational fear. To combat irrational anxieties, talking about the issue can be helpful. We talk a lot about this in our friends' group: What are we afraid of and why? How can we combat fear? Everybody has a different approach to this. In the end one can eventually realise, that they are just standing in their own way.

2. *How did the film come into being?*

Nadine answers:

- We're all studying motion pictures and in the first semester we had to make short film projects in small groups. In the second semester we thought: why not start a bigger project? We gathered together a really motivated group that is a lot of fun to work with.

3. *How did the film change you?*

Anna Leah answers:

- The film made us more confident as filmmakers.
- I don't think the content changed us. I was already dealing with the topic a lot before making a film about it.
- It was a pleasant experience to create a film like this, as everyone could focus on one task only. This wasn't the case in previous projects.
- I guess the film changed us all in a positive way.